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Research Adventures with my bear

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Me and my PhD

'A Creative Exploration of Young People's Relationship with Nature.'

- Creative approach
- Everyday language
- Making use of stories

If you're
sitting
comfortably...



I've listened to & observed people's stories, and created new stories based on these experiences.

Lexi's Tale: Being, not doing

We meet at her local coffee shop, along with a practitioner from the project she attends.

Once we've chosen our drinks we sit on the comfy sofas, at the far end, furthest from the door. I explain more about my project, that I'm trying to find out what young people like to do outside...

Responding to Lexi's story

In pairs/small groups:

- What is your initial response to the story?
- Does it resonate with your experiences?
- How would you support Lexi to enjoy being outside?



Where do the Bears fit in?



‘Adventure Bears’:

- designed to be played with outside
- gifted with a short story making links to playing outside.
- 1st Adventure Bear called ‘Aporia’ - he is easily confused, tends to walk around in circles and become lost.
- Way of making connections, getting/focusing attention – emphasising fun, playfulness and comfort

Talking about nature

Within your work as an outdoor educator:

- Do you talk about nature?
- What do you say?
- How do you address concerns about nature?



Being adventurous

Lexi's words:

"You should think about people's abilities when planning activities, when I can't do something that others can, I think they're going to laugh at me, it makes me upset and not want to go out."



My discoveries

- Inclusiveness
- Responsiveness
- Playfulness
- Creativeness
- Kindness
- Comfort and belonging

I found my self...



What's next?

Poster outlining my plans in dining room

I welcome opportunities for:

- Collaboration
- Comments
- Feedback
- Guidance

